



## Virtual DAHA Dynamics of Domestic Abuse<sup>®</sup> training outline

Our virtual 3-hour Dynamics of Domestic Abuse Awareness course is an adaption of our in-room Dynamics of Domestic Abuse course. The content and activities have been adjusted so that we are still able to achieve the same aims and objectives as an in-room course.

**Maximum number of learners per session** – 10 is ideal for maximum learner engagement, but we can negotiate to 12.

**Duration of the course** – 3 hours with a 15-minute break.

**Who this course is for** – Anyone working in housing who would like to increase their awareness around domestic abuse.

**Cost** – costings and quotes for this training are available upon request.

### **What this course covers** –

The aim of this training is to give you a brief introduction to domestic abuse and coercive control. By the end of this session, delegates will be able to:

- Define domestic abuse and coercive control;
- Discuss some of the theories around domestic abuse and coercive control;
- Better understand the impact domestic abuse has on adult and child survivors
- Shape an appropriate initial response.

The training is designed to be interactive throughout and contains plenty of opportunities for learners to engage, including quizzes, exercises, videos, group discussions and space to reflect on their own practice.

### **Information we need from you before the session goes ahead** –

- Confirmation of the video conferencing platform we will be using. **Our preference is Zoom** as this is better for collaborating externally but we can also accommodate Teams.
- Confirmation that all staff will attend the training using a laptop (and not a mobile phone as they will then not be able to participate in planned activities).
- A list of delegates names, their role and email address for each course booked. We will email the group a reminder at least 2 days before the session and



include joining instructions, an agenda for the day and the pre-course materials, which they will need to take part in activities throughout the day.

**Expectations of participant engagement** – Participants in this training are expected to:

- Read the participant information provided in advance of the first session;
- Complete the post training evaluation survey;
- Attend the session in full;
- Participate fully in the Zoom sessions:
  - This means that **cameras must be on at all times** (except during scheduled breaks) and participants visible to the facilitators.
  - We understand that some people are uncomfortable in a Zoom environment – if this is the case we recommend waiting until this training is offered again as a face to face opportunity.
  - We also recognise that some people may be uncomfortable sharing images of their home in the background; this can be alleviated by using an electronic background. Find out about adding a background on Zoom [here](#); and about adding a background on Teams [here](#).

**What we provide post-training** –

- Following the session we will send learners a document containing further reading, watching and listening if they wish to explore the topics of domestic abuse and housing in more depth.
- We can arrange individual debrief calls to support wellbeing if it is requested by any of the learners.
- Any issues or suggestions will be fed back to you and we can also share a summary of the training evaluation survey if requested.